

Junk Food Christians

Amos 8:11-13

Text talks of famine, but Amos describes a feast, plenty of religious activity, just not activity beneficial for us and/or useful to the Master.

Junk Food, like physical diet, spiritual diet often consists of junk food.

Overweight but undernourished. Stuffing ourselves, but not nourishing our bodies. Not preaching on gluttony today. :-)

God promises a famine for the word, yet Israel of Amos was already stuffing themselves with little or no spiritual benefit. God told them though they were filled up on religion they were starving their souls.

Are we in the same condition today? Are we nourished by God's Word or just filling up on religious activities that satisfy our current desire with a quick fix? Are we filling up on Spiritual Junk Food?

Why Was Israel Undernourished?

Bad Spiritual Habits

Religious Corruption

Amos 2:11-12; 5:10; 7:10-17

2Timothy 4:3-4

Kings altars not God's **1Kings 12** (Jeroboam at division of kingdom)

Rebuked by God

Amos 3:14; 8:14; 4:4-5; 5:21-24

What about us? - Are you nourished your religious activities?

Israel should have seen the uselessness of their actions.

It was simply a checklist to get through **Amos 8:4-6**

Rather than return to God's Way, they just consumed more of the same

Self-Reliance

Amos 6:13 - Rejoiced in their own strength

Amos 6:10 - We don't need God

What about us? - Are we proud of what we have done, yet missing our need to please God over self?

Materialism

Amos 6:1,4-6

With so many wonderful riches, must be pleasing God for such blessings

What about us? - We live in the land of plenty, God must approve of all we are doing, right? No eternal satisfaction from material goods!

Immorality

Amos 2:6-8; 3:10

What about us? - 'Diet' from entertainment of sin? Watch, read, listen?

Israel was religious, but spiritually starved & headed for famine. Are we? How can we fix problem & avoid destruction that came upon Israel?

Consider Josiah

2Chronicles 34:1-2 8 year old king

Inherited undernourished Judah, yet despite ancestry, he did what was right in the sight of God.

He Sought God

2Chronicles 34:3

Instead of looking to himself or others, he looked to God. He did not yet have the law, but he looked to/for God.

We must seek God - Not popularity, entertainment, money; not self

He Removed The Religious Junk

2Chronicles 34:3-7

2Kings 23:15-18 - Destroyed altar at Bethel fulfilling prophecy of young prophet from Judah

We must remove that which seeks to replace God. - Not just add God to what we already have, get rid of junk & focus on God alone

He Repaired The Lord's House

2Chronicles 34:8 compare to **Haggai 1:5-11**

Haggai 1:5-6

Are we building for God, or ourselves?

Matthew 6:33

Amos 2:9-11

Rely on God, not self

He Fed On God's Word

2Chronicles 34:19; 34:30-32

The Word of the Lord was their Guide!

Described as...

Sword of Spirit **Ephesians 6:17**

Two-edged sword **Hebrews 4:12**

Lamp **Psalms 119:105**

Mirror **James 1:23**

Rock **Matthew 7:24-27**

Seed of life **1Peter 1:23-25**

Also connected with food...

Pure milk for growth **1Peter 2:2-3**

Milk & solid food **Hebrews 5:13-14**

Sweeter than honey **Psalms 19:10**

Bread of life **John 6:54-58,68**

To be Spiritually Nourished...

Must get into the Word, surrender to it, feed upon it.

Not rely on our own ideas.

Receive the mercy & grace of God by submitting to His Word

2Chronicles 34:23-28

Receive nourishment that will bring you eternal life in heaven

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