

## **Coping With Change** **Hebrews 1:10-12**

Physical heavens & earth, in contrast to God, change (12).

Only thing which really doesn't change is that all things change.

Since can't stop changes from coming, we must learn to cope with them

Anna Letetia Waring In Heavenly Love Abiding HFW #382

*"In heavenly love abiding, No change my heart shall fear; And safe is such confiding, For nothing changes here."*

Change, whether by choice or necessity, wanted or not, has tendency to make stop & think about where we've been, we are & where going

Good to consider the implications & learn how to cope with changes

### **Some Changes Are Simply A Part Of Life**

After we're born, we begin to grow, and growth necessitates change.

Progress from infancy to toddler - childhood - puberty - adolescence to young adulthood to middle age & finally to old age & death - **Ecclesiastes 12:1-7**

During these changes, others occur. We change jobs, we change homes - **Genesis 12:1-4**

We have children, & they change as they grow. Friends move away or we move away from them.

Loved ones grow old & pass on - **Genesis 23:1-2**

The passing of time always bring change

### **Some Changes Are By Their Very Nature Good**

God wants us to make certain changes in our lives: - **Acts 3:19**

Repentance is a change of heart or mind that results in a change of life.

Converted means changed from one lost in sin & condemned before God to one redeemed by blood of Christ & justified in God's sight.

Thus, when we see sin in our lives, we need to make some changes

Then, once we've been converted, we need to grow - **1Peter 2:2-3**

Spiritual growth demands change as seek to bring lives in closer harmony with God's will & make changes in our hearts as God desires

Christians look forward to ultimate & final change - **1Corinthians 15:51-54**

### **Some Changes Are Of Necessity Bad**

Some sought to change Bible concept of God & truth - **Romans 1:21-25**

Society, once founded on principles revealed by God's word, rapidly outpacing ancient heathen world in making many of same changes

Many once faithful Christians have forsaken the Lord - **2Timothy 4:10**

All of us have probably known & sorrowed over our share of these

Churches which once stood for the truth have changed into apostate bodies - **Revelation 3:1-3**

These changes sadden. Yet, we can't control others

They're going to be responsible for the changes that they make

### **There Is One Who Can Help Us Weather Them All**

Thru all these changes, whether good or bad, desirable or undesirable - **Malachi 3:6; Isaiah 26:4; Proverbs 3:5; Hebrews 13:8**

Implicit trust in heavenly Father & hope He gives us thru His Son Jesus Christ are forces that will enable us to have stability as we live in a world of change.

Henry F. Lyte, dying of tuberculosis & planning to change residence from his long-time beloved home in Brixham, England, to warmer climate of Italy for his health, finished hymn with these familiar words: Abide With Me HFW #74

*Swift to its close ebbs out life's little day; Earth's joys grow dim, its glories pass away;  
Change & decay in all around I see; O Thou who changest not, abide with me.*

Change is good, though hard sometimes, either run or learn from it.

May we put our lives in God's hands & choose to learn from His word the things we need to sustain us throughout the changes of life.

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